# Academy of Finance (AOF) Summer Internship Program Outline

#### **Overview:**

The AOF Summer Internship is a paid or volunteer opportunity designed to extend classroom learning into real-world experiences. It emphasizes both technical and workplace skills like critical thinking, communication, teamwork, ethics, and time management.

### **Internship Requirements:**

- **Deadline to secure internship:** May 30, 2025 (must be pre-approved by Mr. Driscoll)
- **Internship period:** Spring/Summer 2025
- Paperwork due: September 30, 2025
- **Minimum hours:** ~125 hours
- **Grading:** Pass/Fail on transcript (not on report card)
- Once you get your internship secured, please email Mr. Driscoll with the following information:
  - o Name of the company
  - o Supervisor or owner's name and contact information.
  - What will you be doing for the company?
  - Please also include what days you will be working and how many hours will you be working per week (estimate is fine).

#### **Eligibility & Expectations:**

- Must discuss and receive approval from parent/guardian
- Internship must be approved before starting and cannot change without Mr. Driscoll's permission
- Completion required for AOF graduation; no exceptions

#### **Acceptable Internship Formats:**

- 1. Traditional in-person internship (1:1)
- 2. Virtual internship (project-based, online)
- 3. Service learning (must differ from NHS project)
- 4. Volunteerism (not necessarily with a nonprofit)
- 5. Business project with a mentor/supervisor
- 6. Shadowing (can shadow different people within the same company)

#### **Examples of Acceptable Experiences:**

- Working in inventory, accounting, marketing, or social media
- Assisting with a business project or expansion of an existing part-time job (must be preapproved)
- You may work for a family member or family friends' business providing that you are learning about the business and assisting them in a "business" capacity.

#### **Examples of Unacceptable Experiences:**

• Lifeguarding, camp counselor, waiter/waitress, busser, sports camps (these jobs while difficult do not qualify as an internship experience)

#### **Documentation:**

- Weekly Activity Log including date, duties, and hours worked (signed by supervisor)
- **Internship Evaluation Form** completed by supervisor (available on AOF website)
- Reflection Paper (3-4 pages) covering:
  - Lessons learned
  - o Career interest alignment
  - o Likes/dislikes
  - o Recommendations for future interns
  - o Professional tone required even when expressing criticism

# **Shadowing Guidelines:**

- May supplement internship hours (2 hours to full day experiences)
- May be virtual or in-person
- Contact AOF Advisory Board for opportunities
- Complete AOF shadowing questionnaire for each experience

# **Internship Compensation:**

- Can be paid (hourly/stipend) or volunteer
- Parents/guardians must approve compensation

**Final Submission:** All three components (evaluation, reflection, weekly log) must be submitted **together** by **September 30, 2025**.

**Contact for Questions:** 

Mr. Driscoll

Email: jdriscoll@manasquan.k12.nj.us

See the AOF Website for more details: Visit Manasquan High School > Academics > Academy of Finance > More Info/Apply section